



## Visit-A-Bit “Meet the Neighbors” Instructions

Homebound neighbors without family or frequent visitors can get to know their neighbors in a few different ways.

### Meet The Neighbors

For existing relationship with neighbors, you can:

- Ask for an introduction (so you can begin to feel like a familiar face around the neighborhood.)

If you're meeting someone new, you can create an excuse for an introduction: Simple reasons or gestures can include:

- bringing over a small plant
- running an errand for the neighbor
- bringing over homemade [cookies or treats](#)
- Leave a notes for the neighbor (Include both contact information)

Inviting a neighbor to a special celebration is always a great way to meet them. Learn about upcoming events that could present opportunities for introductions.